COLLEGE OF PHARMACY
(DELHI-NCR)
Estd. 2004

ISSUE 21
July-Dec, 2025

PHARMA EPISTLE

I.T.S COLLEGE OF PHARMACY
MURADNAGAR, GHAZIABAD

Dear Readers,

It gives me great pleasure to introduce this edition of our college magazine, a collective expression of learning, imagination, and youthful energy that thrives within our campus. This magazine is more than a compilation of pages—it is a mirror reflecting the ideas, efforts, and aspirations of our academic fraternity.

Each contribution featured here represents thoughtful engagement, creativity, and a willingness to share perspectives. From analytical articles to creative pieces, this edition highlights the enthusiasm and dedication of our students and faculty, showcasing the diverse talents that enrich our institution.

At a time when information is instantly accessible, this magazine offers a space for meaningful reflection and authentic expression. It preserves voices, moments, and experiences that define our journey as a learning community and contribute to our continuous growth.

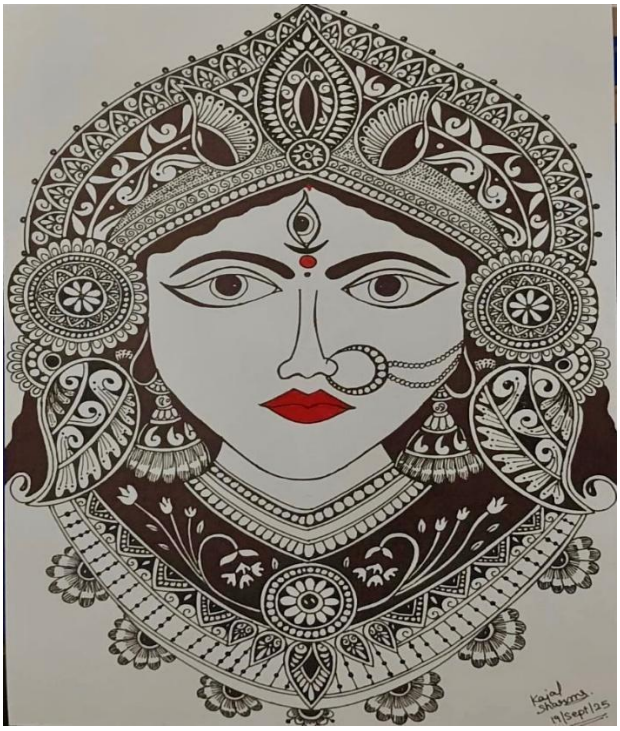
I sincerely acknowledge the hard work of the editorial board and all contributors whose commitment and teamwork have made this publication possible. May this edition encourage curiosity, inspire creativity, and strengthen the bond we share as members of this institution.

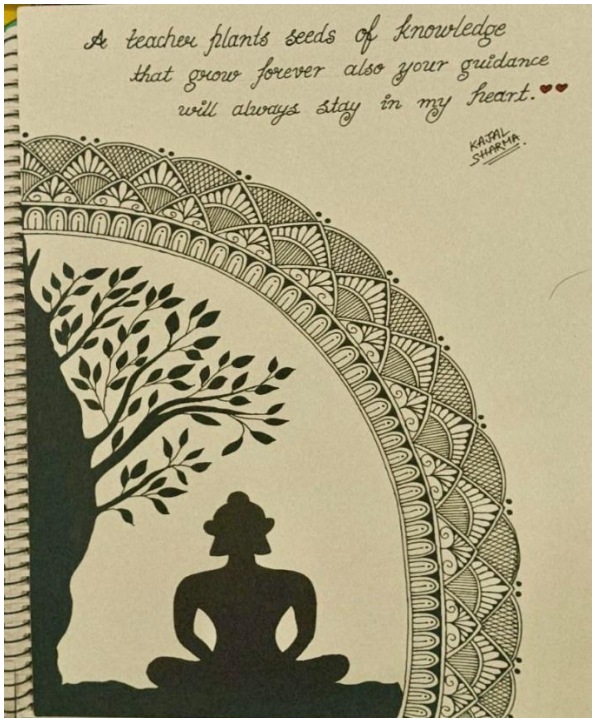
HAPPY READING !

Warm Regards,

Sakshi Chauhan
Editor
I.T.S College of Pharmacy

Arts Corner

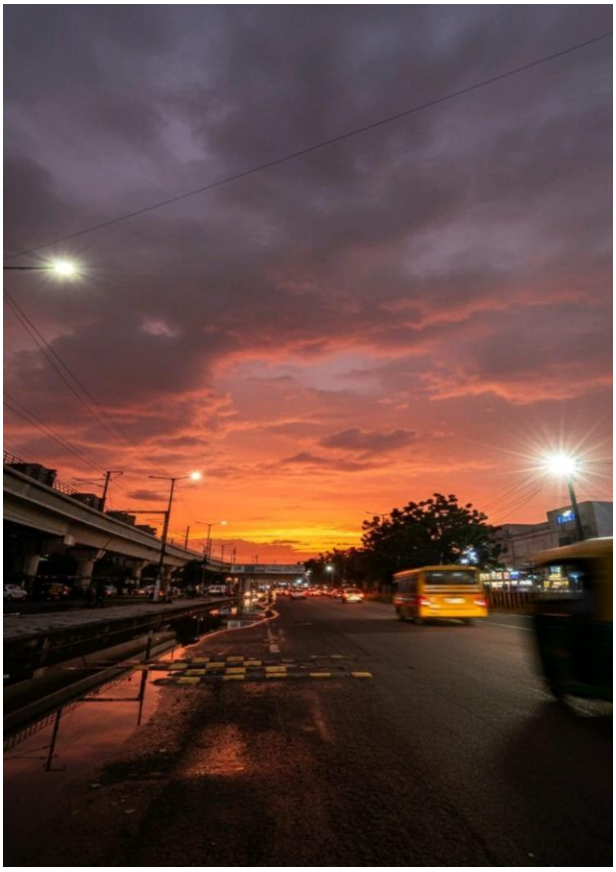




Kajal Sharma

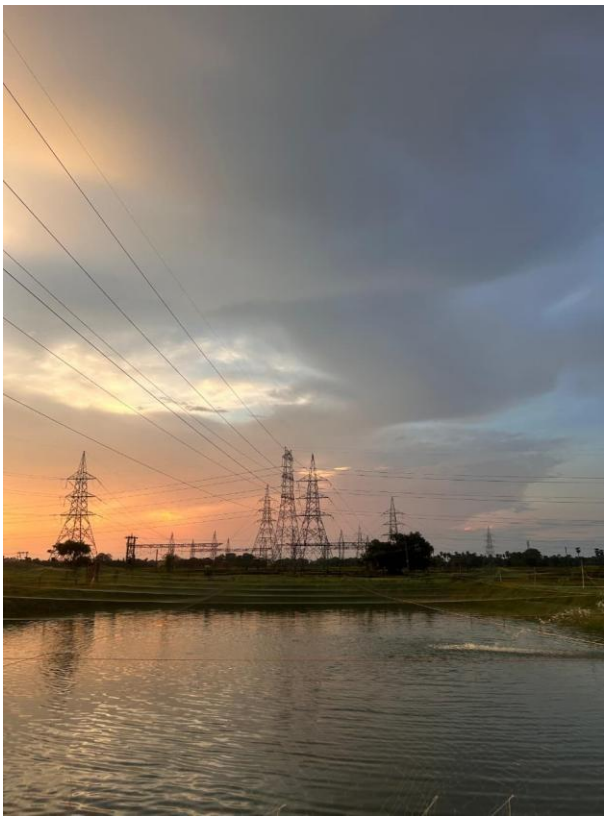
B.Pharm 2nd Year

Photography



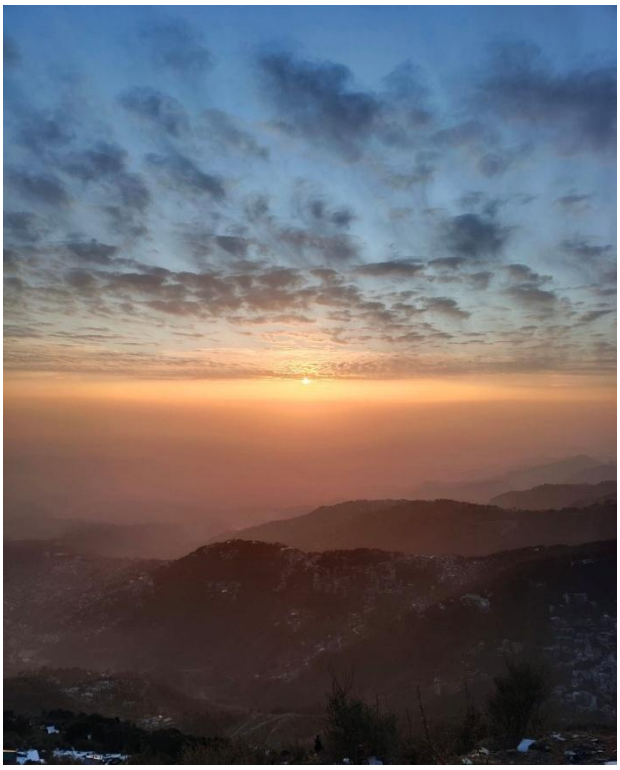
Karan Mehra

B.Pharm 2nd Year



Harsh Raj

B.Pharm 2nd Year



Abhishek Tyagi

B.Pharm 2nd Year

Tanish Kumar

B.Pharm 1st Year

Poetry for all

“विद्यार्थी की उड़ान”

किताबों में छिपे हैं ख़्वाब कई,
हर पन्ना एक नई कहानी है।
जो आज पसीना बहा रहा,
कल उसकी ही निशानी है।
रातों की नींद जो त्यागेगा,
वही सितारों को छू पाएगा।
विद्यार्थी का हर छोटा कदम,
उसे सफलता तक ले जाएगा।

Sakshi Tyagi

B.Pharm 3rd Year

“खुद पर विश्वास”

ना डर अंधेरों से,
ना रुक तू हवाओं से,
तेरा रास्ता बनेगा
तेरे इरादों से।
जो खुद पर यकीन करता है हर पल,
वो जीतता है दुनिया को
अपने ख्वाबों से।

Vishnu Sharma

B.Pharm 4th Year

Science Corner

1. Nanotechnology in Medicine: The Tiny Revolution

Nanotechnology is transforming modern medicine by operating at the nanoscale, where one nanometer equals one-billionth of a meter. At this tiny scale, materials exhibit unique physical and chemical properties that enable innovative medical applications. In healthcare, nanotechnology is primarily used to design advanced drug delivery systems that improve the effectiveness and safety of treatments.

Nanocarriers such as liposomes, nanoparticles, and transferosomes can transport drugs directly to targeted tissues or cells. This targeted delivery reduces damage to healthy cells, minimizes side effects, and enhances therapeutic outcomes. Such precision is especially valuable in cancer treatment, where conventional therapies often affect both diseased and healthy cells. Nanotechnology also improves the solubility and bioavailability of poorly water-soluble drugs, making treatments more efficient.

Beyond drug delivery, nanotechnology is playing a crucial role in diagnostics. Nanosensors and advanced imaging techniques allow early and accurate detection of diseases at the molecular level. This early diagnosis increases the chances of successful treatment and better patient outcomes. Additionally, nanotechnology contributes to regenerative medicine, vaccine development, and antimicrobial therapies.

Despite its vast potential, nanotechnology faces challenges such as possible toxicity, high production costs, and regulatory concerns. Researchers are actively working to overcome these limitations to ensure safe and widespread use. Overall, nanotechnology represents a powerful and promising revolution in medicine, offering more precise, effective, and patient-friendly healthcare solutions for the future.

Mohd Kaif

B.Pharm 3rd Year

2. Artificial Intelligence in Drug Discovery

Artificial Intelligence (AI) is rapidly transforming the field of drug discovery by making the process faster, more efficient, and cost-effective. Traditionally, developing a new drug is a time-consuming and expensive process that can take over a decade and require extensive laboratory testing. AI is helping to overcome these challenges by using advanced algorithms and machine learning techniques to analyze vast amounts of biological and chemical data.

AI systems can predict how different molecules will interact with biological targets, allowing researchers to identify potential drug candidates more quickly. This reduces the need for trial-and-error experiments and accelerates the early stages of drug development. Additionally, AI can assist in optimizing drug design by predicting properties such as toxicity, stability, and bioavailability, which are crucial for successful therapies.

Another important application of AI is in repurposing existing drugs for new diseases. By analyzing existing data, AI can identify new therapeutic uses for approved drugs, saving both time and resources. AI is also being used in clinical trials to improve patient selection, monitor outcomes, and enhance overall efficiency.

Despite its advantages, AI in drug discovery faces challenges such as data quality issues, high implementation costs, and the need for skilled expertise. However, with continuous advancements, AI holds great promise in revolutionizing pharmaceutical research and delivering safer and more effective medicines to patients in the future.

Tanishka Rohela

B.Pharm 3rd Year